



Love Pillow

(Plum colourway)

A pillow to send your love to a friend is the ideal gift, as well as being a perfect match for the Peace & Love Quilts. The pillow designs are available in four colourways, telling the distinctive colour story of the Wallflower collection. Two pillows have colours reminiscent of the 1960s and 70s, with caramel, blue, ginger and thistle shades, while the other two pillows feature sweet greens and pinks with hints of blue and yellow. All of the pillow instructions can be found on tildasworld.com, as well as the two Peace & Love Quilts.

Difficulty rating ***

Materials

- Fabric 1: ½yd (50cm) – Chambray plum (160010) (background)
- Fabric 2: about a 10in (25cm) square – Wallflower thistle (100608)
- Fabric 3: about a 10in (25cm) – Beverly caramel (100612)
- Fabric 4: about a 10in (25cm) – Janice caramel (100616)
- Fabric 5: about a 10in (25cm) – Bianca thistle (100620)
- Lining fabric (optional): 33in x 18in (84cm x 46cm)
- Wadding (batting): 33in x 18in (84cm x 46cm)
- Fabric for back of pillow: ⅝yd (60cm) – Lauren caramel (100604)
- Binding fabric: ¼yd (25cm) – Chambray eggplant (160039)
- Piecing and quilting threads
- Quilter's ruler, rotary cutter and mat
- Five buttons for fastening (optional) – Wallflower buttons blue/thistle 16mm (400071)
- Pillow pad to fit cover

Fabric Notes

A fabric pack of 10in (25cm) squares would be useful if you plan to make all four pillows.

Finished Size

30½in x 14½in (77.5cm x 36.8cm)

General Notes

- Fabric quantities are based on a usable width of 42in (107cm), unless otherwise stated.
- Measurements are in imperial inches with metric conversions in brackets – use only *one* system throughout (preferably inches). Width measurements are generally given first.
- Press fabric before cutting and trim as needed to square up the fabric pattern/weave, using a quilting ruler to cut the top raw edge at 90 degrees to the selvages.
- Use ¼in (6mm) seams unless otherwise instructed.
- Read all the instructions through before you start.
- Always make one complete block as a test before going on to make the remaining blocks.
- Abbreviations: RS = right side; WS = wrong side.
- Check that all patterns being used are printed at full size (100%).

Pillow Layout

1 The pillow layout shows the word 'love' and is made up of blocks of the four letters needed – L, O, V and E. Vertical sashing pieces frame each end of the pillow, plus a narrow piece to

separate letters V and E. Horizontal sashing pieces border the top and bottom of the pillow. See **Fig A** for the fabrics used and **Fig B** for the pillow layout. Full-size patterns are supplied to create the curved seams in Letter O.

Fig A Fabric swatches (Love Pillow – plum)

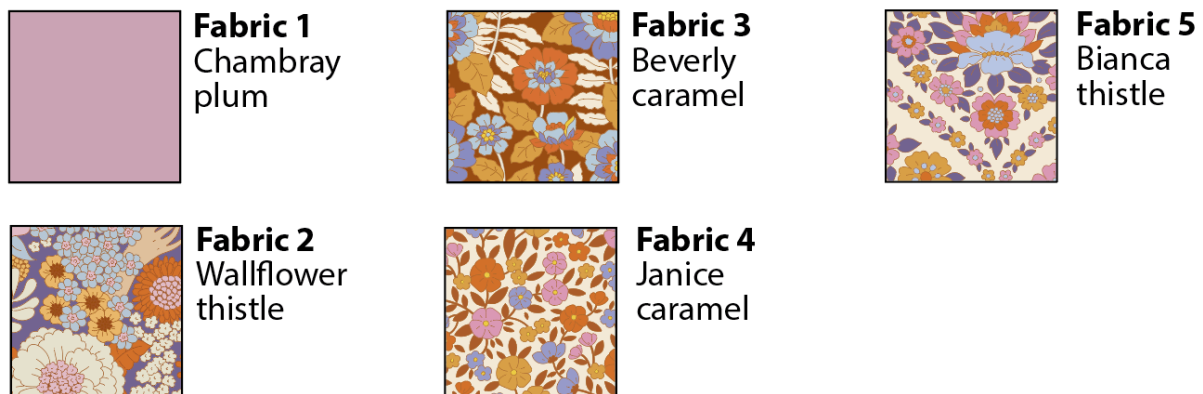
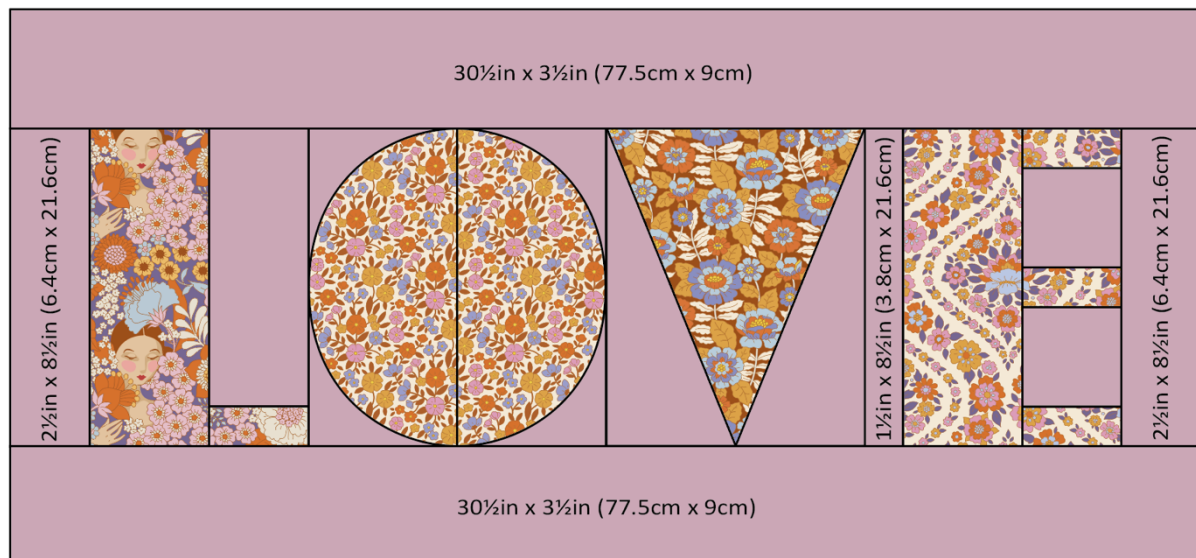


Fig B Pillow layout with cut sizes of the sashing pieces



Cutting Out

2 Start by cutting the sashing pieces from the background fabric (Fabric 1), as in **Fig B**.

- For the vertical sashing, cut two pieces 2 1/2 in x 8 1/2 in (6.4cm x 21.6cm) and one piece 1 1/2 in x 8 1/2 in (3.8cm x 21.6cm).
- For the horizontal sashing cut two pieces 30 1/2 in x 3 1/2 in (77.5cm x 9cm).

3 Cut the fabrics for the letter blocks using the measurements given in **Fig C**.

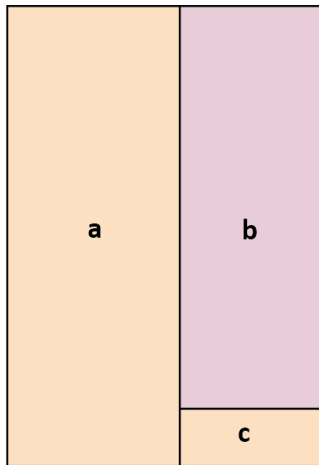
4 From the pillow back fabric, cut two pieces each about 31 in x 11 in (79cm x 28cm).

5 Cut the binding fabric into three 2 1/2 in (6.4cm) x width of fabric strips. Sew together end to end and press seams open. Press the binding in half along the length, wrong sides together.

Fig C Cut measurements for Letters L, O, V and E

Sizes include ¼in (6mm) seam allowances

All pieces to be cut initially as squares or rectangles, unless using Curved Patterns

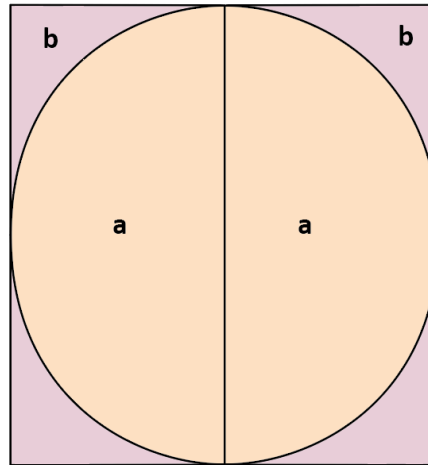


Letter L

a 3½in x 8½in (9cm x 21.6cm)

b 3in x 7½in (7.6cm x 19cm)

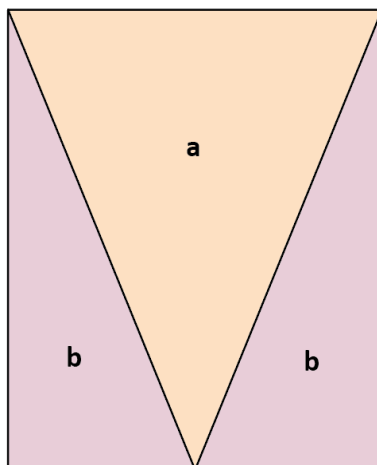
c 3in x 1½in (7.6cm x 3.8cm)



Letter O

a Use Letter O Curved Patterns

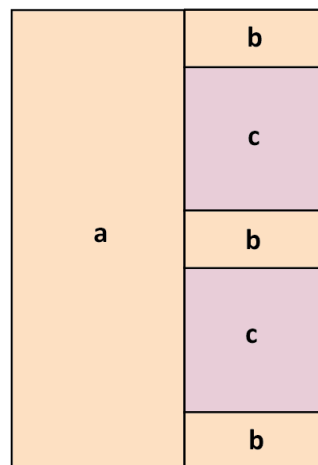
b Use Letter O Curved Patterns



Letter V

a 7in x 8½in (17.8cm x 21.6cm)

b 3¾in x 8½in (9.5cm x 21.6cm)



Letter E

a 3½in x 8½in (9cm x 21.6cm)

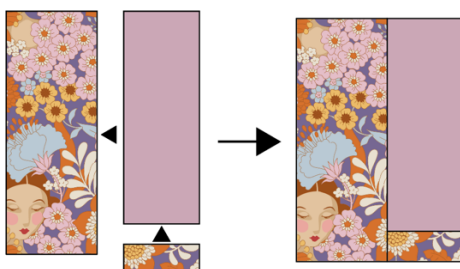
b 3in x 1½in (7.6cm x 3.8cm)

c 3in (7.6cm) square

Making the Letter L

6 This is an easy block. Sew the pieces together following the stages in **Fig D**. Press seams open or to one side. Check the block is 6in x 8½in (15.2cm x 21.6cm) unfinished.

Fig D Assembling Letter L



Making Letter O

7 This letter is created using curved seams using the Patterns for Letter O. Note that two curved units are needed, so reverse (flip) the patterns to make the second unit.

8 Cut out the two shapes from fabric using the Patterns. Mark or crease the centre and quarter points on the curves of both shapes. Place the pieces right sides together aligning centre marks and pin (Fig E 1). Align the outer edges and the quarter marks and pin. Ease the remaining areas of curved edges together and pin, adding as many as needed to match the curves (Fig E 2). You may need to gently pull and slightly stretch the fabric edges into place.

9 Once the pieces are well aligned, sew the seam using a *scant* $\frac{1}{4}$ in (6mm) seam (about one or two needle's width less than $\frac{1}{4}$ in). You should be able to sew over the pins until the seam is sewn. Remove the pins and snip into the seam allowance at intervals using sharp-pointed scissors, with cuts about $\frac{1}{8}$ in (3mm) long (Fig E 3). Press the seam outwards, fully and smoothly. Take care not to distort the unit's edges (Fig E 4). Check the unit's size is $4\frac{1}{4}$ in x $8\frac{1}{2}$ in (10.8cm x 21.6cm). Make the second unit in the same way, reversing the Patterns before you start.

10 Assemble the block as in Fig F and check it is 8in x $8\frac{1}{2}$ in (20.3cm x 21.6cm).

Fig E Sewing a curved seam

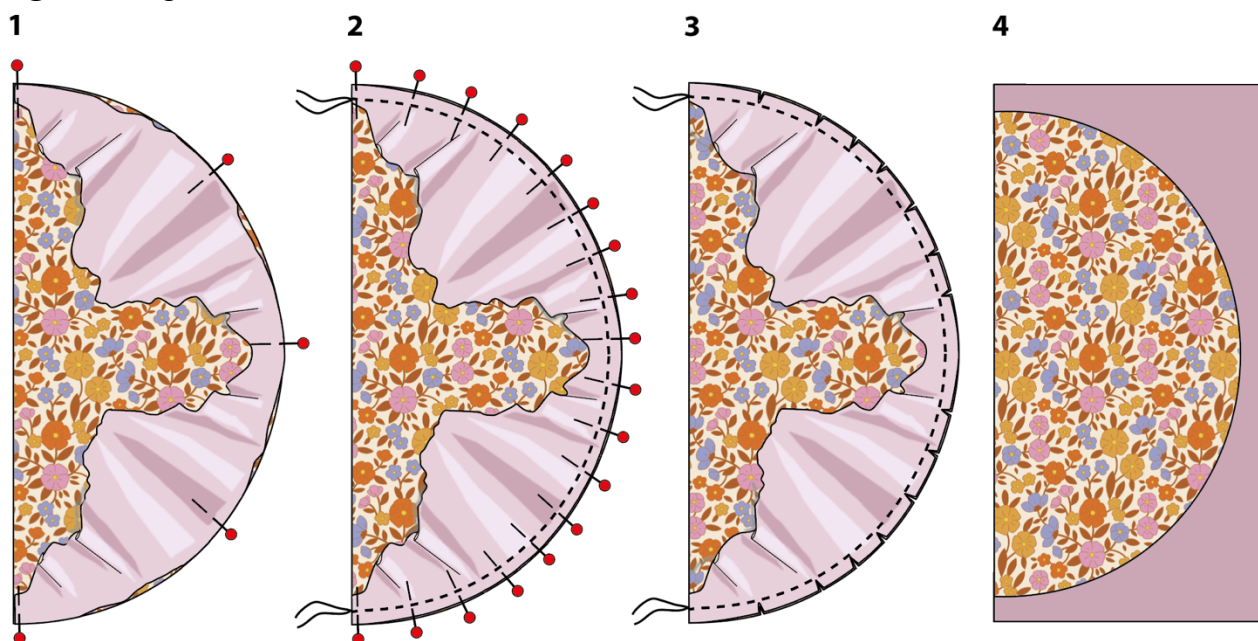
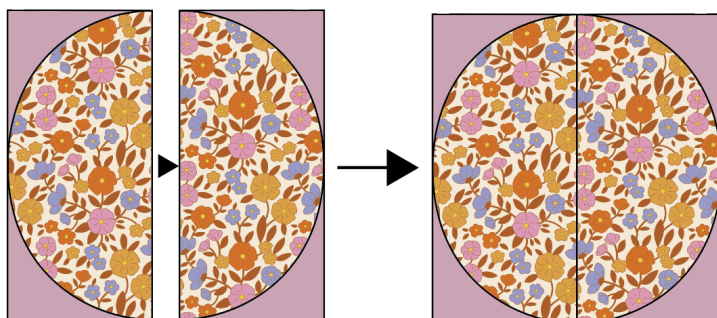


Fig F Assembling Letter O



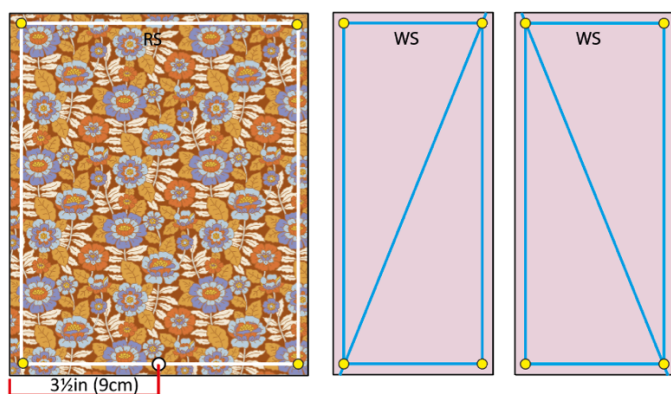
Making Letter V

11 This letter needs a special technique to create a pointed triangle. Start by taking the three pieces of fabric for the letter and following **Fig G 1**, mark the $\frac{1}{4}$ in (6mm) seam allowances and dots at the corners, marking on the right side (RS) of the print fabric and the wrong side (WS) of the two pieces of solid fabric. On the print fabric also mark a dot halfway across the marked seamline, at $3\frac{1}{2}$ in (9cm), shown by a white dot in the diagram. On the solid fabric pieces, mark a diagonal line from corner to corner of the seam allowance in the directions shown, noting that the lines go in opposite directions.

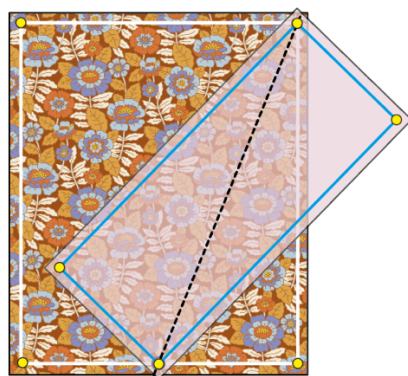
12 Place one of the solid pieces right sides together with the print fabric, angling the solid fabric so the dots on the diagonal line match the dots on the fabric beneath (**Fig G 2**). Pin in place and sew along the diagonal line. Trim excess fabric $\frac{1}{4}$ in (6mm) from the sewn line (**Fig G 3**) and press the triangle outwards (**Fig G 4**). Repeat this process with the other piece of solid fabric, angling it in the opposite direction, as in **Fig G 5**. Sew, trim excess fabric and press the triangle outwards (**Fig G 6**). Check the block is 7in x $8\frac{1}{2}$ in (17.8cm x 21.6cm).

Fig G Assembling a Letter V

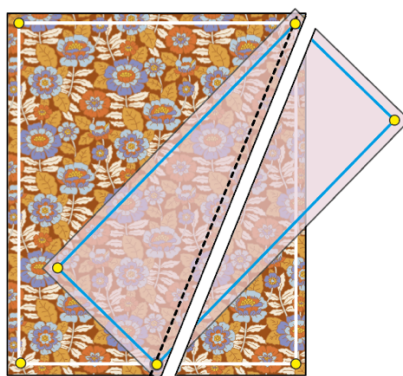
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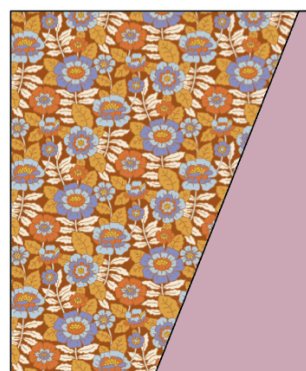
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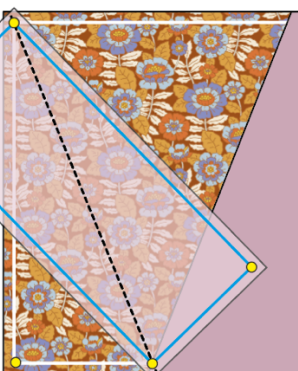
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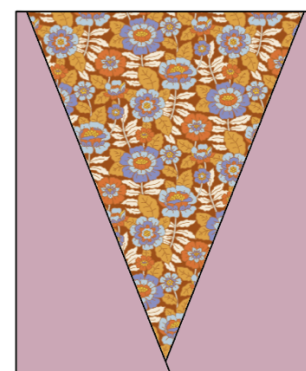
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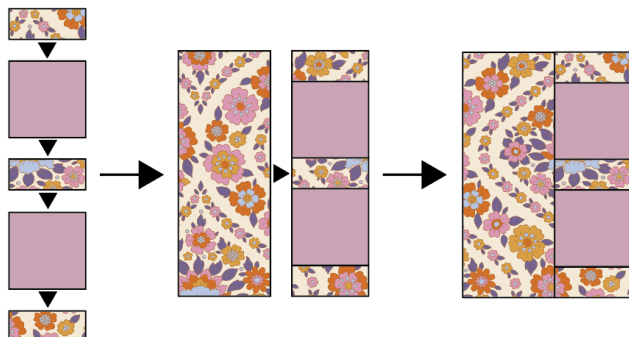
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Making Letter E

13 This letter is easy. Sew the pieces together following the stages in **Fig H**. Press seams open or to one side. Check the block is 6in x 8½in (15.2cm x 21.6cm) unfinished.

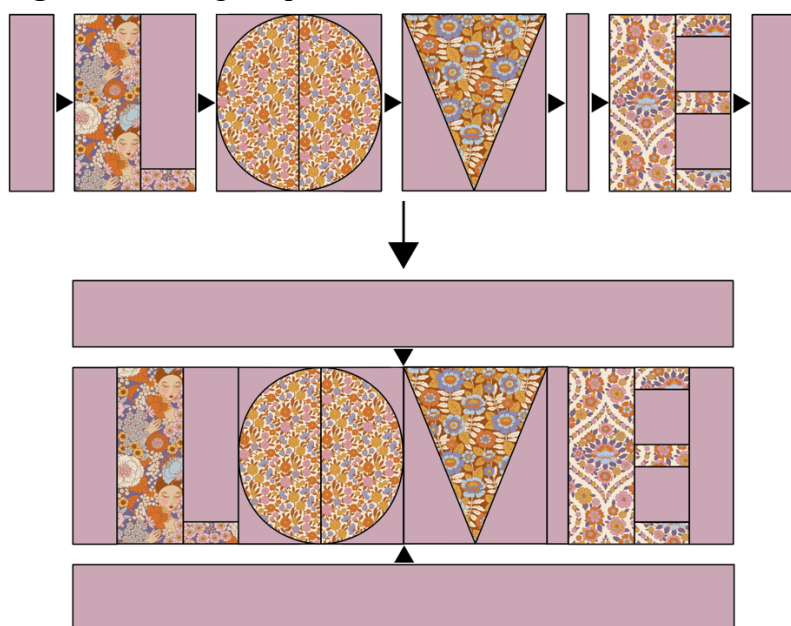
Fig H Assembling Letter E



Assembling the Patchwork

14 Sew the blocks together with the vertical sashing pieces as shown in **Fig I**. Press seams towards the sashing. Add the horizontal sashing strips to the top and bottom of the patchwork and press.

Fig I Assembling the patchwork



Quilting and Finishing

15 Make a quilt sandwich of the patchwork, wadding (batting) and lining fabric (if using). Quilt as desired. Trim off excess wadding and lining fabric to match the patchwork size.

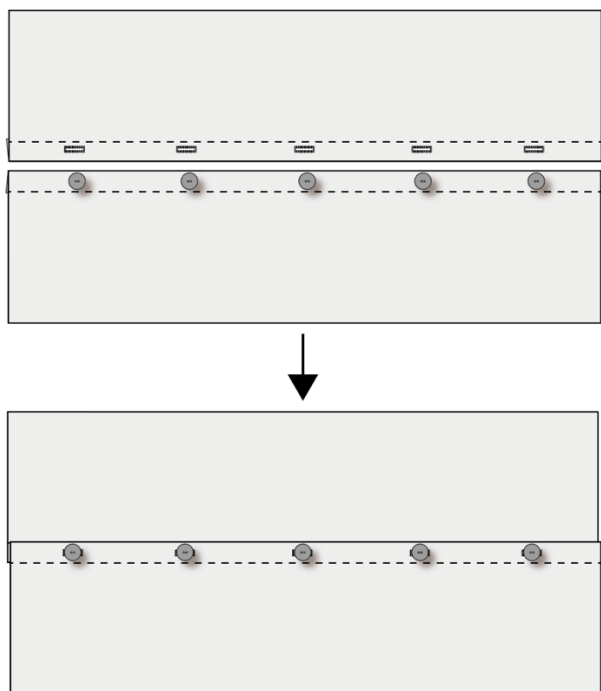
16 To make up the pillow cover, take the two pieces of fabric for the cushion back and on one long edge of each piece, create a hem by turning the edge over by 1in (2.5cm), twice. Sew the seams with matching thread and press (**Fig J**). The diagram is shown in greys, so you can use the Tilda fabric and buttons suggested in the Materials list, or those of your choice.

17 For the fastening, using your sewing machine, create five equally spaced buttonholes within the hem of one of the pieces. Sew five buttons onto the other piece, matching their

positions to the buttonholes. Note: Instead of making buttonholes, you could use a hook and loop fastening, such as Velcro, to fasten the cover and sew on the buttons as a decorative feature.

18 The pillow has a bound edge, so the pieces are assembled with right sides out, as follows. On the backing, fasten the buttons into the buttonholes and place the whole piece right side down. Place the quilted patchwork on top, right side up. Make sure the outer edges of all pieces are aligned. Pin or tack (baste) the layers together and then bind as normal. As you sew the binding in place it will fix the other layers together. Press the cover and insert a pillow pad to finish.

Fig J Making up the cover



Love Pillow

(Ginger colourway)

A pillow to send your love to a friend is the ideal gift, as well as being a perfect match for the Peace & Love Quilts. The pillow designs are available in four colourways, telling the distinctive colour story of the Wallflower collection. Two pillows have colours reminiscent of the 1960s and 70s, with caramel, blue, ginger and thistle shades, while the other two pillows feature sweet greens and pinks with hints of blue and yellow. All of the pillow instructions can be found on tildasworld.com, as well as the two Peace & Love Quilts.

Difficulty rating ***

Materials

- Fabric 1: ½yd (50cm) – Chambray ginger (160041) (background)
- Fabric 2: about a 10in (25cm) square – Wallflower blue (100607)
- Fabric 3: about a 10in (25cm) – Beverly blue (100611)
- Fabric 4: about a 10in (25cm) – Janice blue (100615)
- Fabric 5: about a 10in (25cm) – Bianca blue (100619)
- Lining fabric (optional): 33in x 18in (84cm x 46cm)
- Wadding (batting): 33in x 18in (84cm x 46cm)
- Fabric for back of pillow: ⅝yd (60cm) – Lauren blue (100603)
- Binding fabric: ¼yd (25cm) – Chambray petrol (160005)
- Piecing and quilting threads
- Quilter's ruler, rotary cutter and mat
- Five buttons for fastening (optional) – Wallflower buttons blue/thistle 16mm (400071)
- Pillow pad to fit cover

Fabric Notes

A fabric pack of 10in (25cm) squares would be useful if you plan to make all four pillows.

Finished Size

30½in x 14½in (77.5cm x 36.8cm)

General Notes

- Fabric quantities are based on a usable width of 42in (107cm), unless otherwise stated.
- Measurements are in imperial inches with metric conversions in brackets – use only *one* system throughout (preferably inches). Width measurements are generally given first.
- Press fabric before cutting and trim as needed to square up the fabric pattern/weave, using a quilting ruler to cut the top raw edge at 90 degrees to the selvages.
- Use ¼in (6mm) seams unless otherwise instructed.
- Read all the instructions through before you start.
- Always make one complete block as a test before going on to make the remaining blocks.
- Abbreviations: RS = right side; WS = wrong side.
- Check that all patterns being used are printed at full size (100%).

Pillow Layout

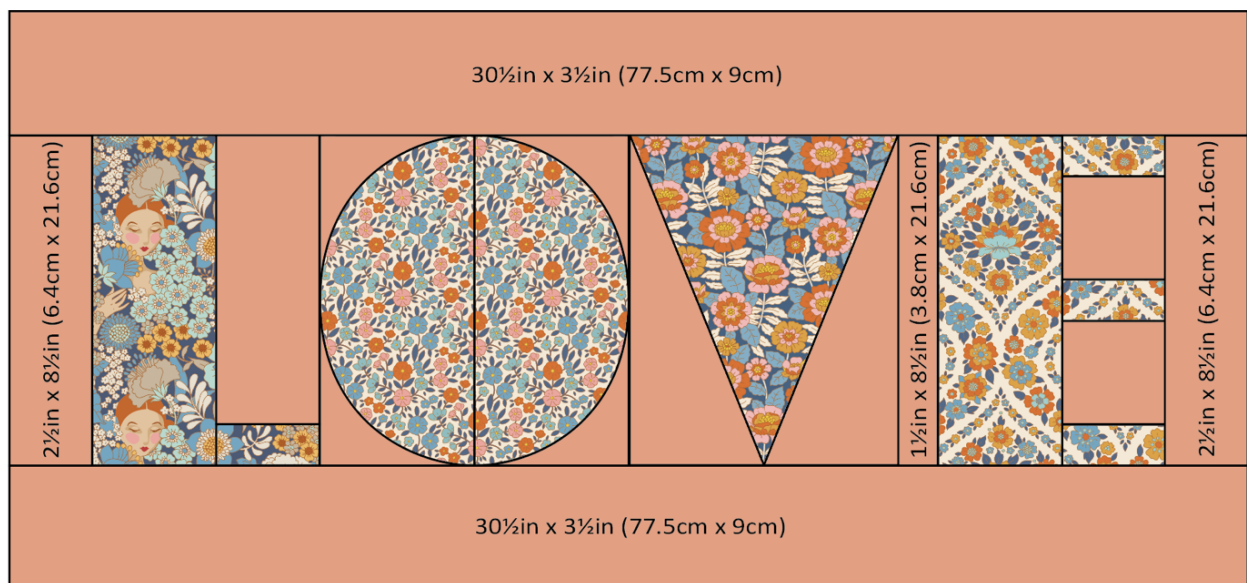
1 The pillow layout shows the word 'love' and is made up of blocks of the four letters needed – L, O, V and E. Vertical sashing pieces frame each end of the pillow, plus a narrow piece to

separate letters V and E. Horizontal sashing pieces border the top and bottom of the pillow. See **Fig A** for the fabrics used and **Fig B** for the pillow layout. Full-size patterns are supplied to create the curved seams in Letter O.

Fig A Fabric swatches (Love Pillow – ginger)



Fig B Pillow layout with cut sizes of the sashing pieces



Cutting Out

2 Start by cutting the sashing pieces from the background fabric (Fabric 1), as in **Fig B**.

- For the vertical sashing, cut two pieces 2 1/2 in x 8 1/2 in (6.4 cm x 21.6 cm) and one piece 1 1/2 in x 8 1/2 in (3.8 cm x 21.6 cm).
- For the horizontal sashing cut two pieces 30 1/2 in x 3 1/2 in (77.5 cm x 9 cm).

3 Cut the fabrics for the letter blocks using the measurements given in **Fig C**.

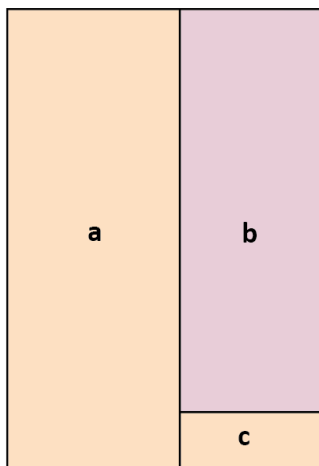
4 From the pillow back fabric, cut two pieces each about 31 in x 11 in (79 cm x 28 cm).

5 Cut the binding fabric into three 2 1/2 in (6.4 cm) x width of fabric strips. Sew together end to end and press seams open. Press the binding in half along the length, wrong sides together.

Fig C Cut measurements for Letters L, O, V and E

Sizes include ¼in (6mm) seam allowances

All pieces to be cut initially as squares or rectangles, unless using Curved Patterns

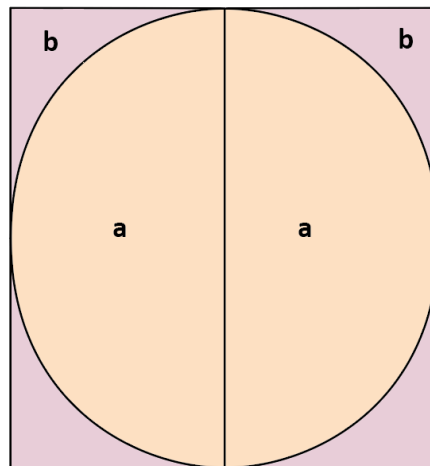


Letter L

a 3½in x 8½in (9cm x 21.6cm)

b 3in x 7½in (7.6cm x 19cm)

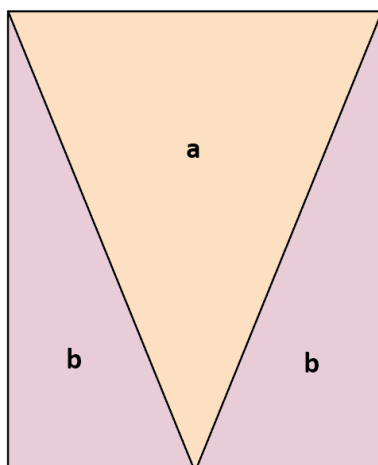
c 3in x 1½in (7.6cm x 3.8cm)



Letter O

a Use Letter O Curved Patterns

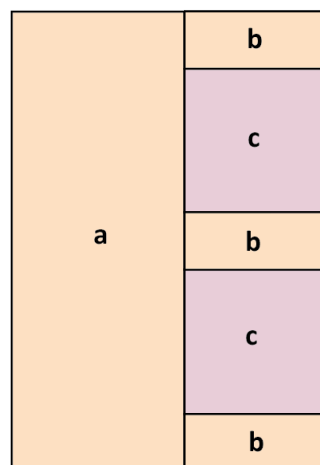
b Use Letter O Curved Patterns



Letter V

a 7in x 8½in (17.8cm x 21.6cm)

b 3½in x 8½in (9.5cm x 21.6cm)



Letter E

a 3½in x 8½in (9cm x 21.6cm)

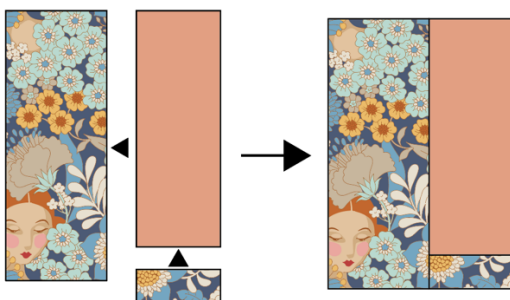
b 3in x 1½in (7.6cm x 3.8cm)

c 3in (7.6cm) square

Making the Letter L

6 This is an easy block. Sew the pieces together following the stages in **Fig D**. Press seams open or to one side. Check the block is 6in x 8½in (15.2cm x 21.6cm) unfinished.

Fig D Assembling Letter L



Making Letter O

7 This letter is created using curved seams using the Patterns for Letter O. Note that two curved units are needed, so reverse (flip) the patterns to make the second unit.

8 Cut out the two shapes from fabric using the Patterns. Mark or crease the centre and quarter points on the curves of both shapes. Place the pieces right sides together aligning centre marks and pin (Fig E 1). Align the outer edges and the quarter marks and pin. Ease the remaining areas of curved edges together and pin, adding as many as needed to match the curves (Fig E 2). You may need to gently pull and slightly stretch the fabric edges into place.

9 Once the pieces are well aligned, sew the seam using a *scant* $\frac{1}{4}$ in (6mm) seam (about one or two needle's width less than $\frac{1}{4}$ in). You should be able to sew over the pins until the seam is sewn. Remove the pins and snip into the seam allowance at intervals using sharp-pointed scissors, with cuts about $\frac{1}{8}$ in (3mm) long (Fig E 3). Press the seam outwards, fully and smoothly. Take care not to distort the unit's edges (Fig E 4). Check the unit's size is $4\frac{1}{4}$ in x $8\frac{1}{2}$ in (10.8cm x 21.6cm). Make the second unit in the same way, reversing the Patterns before you start.

10 Assemble the block as in Fig F and check it is 8in x $8\frac{1}{2}$ in (20.3cm x 21.6cm).

Fig E Sewing a curved seam

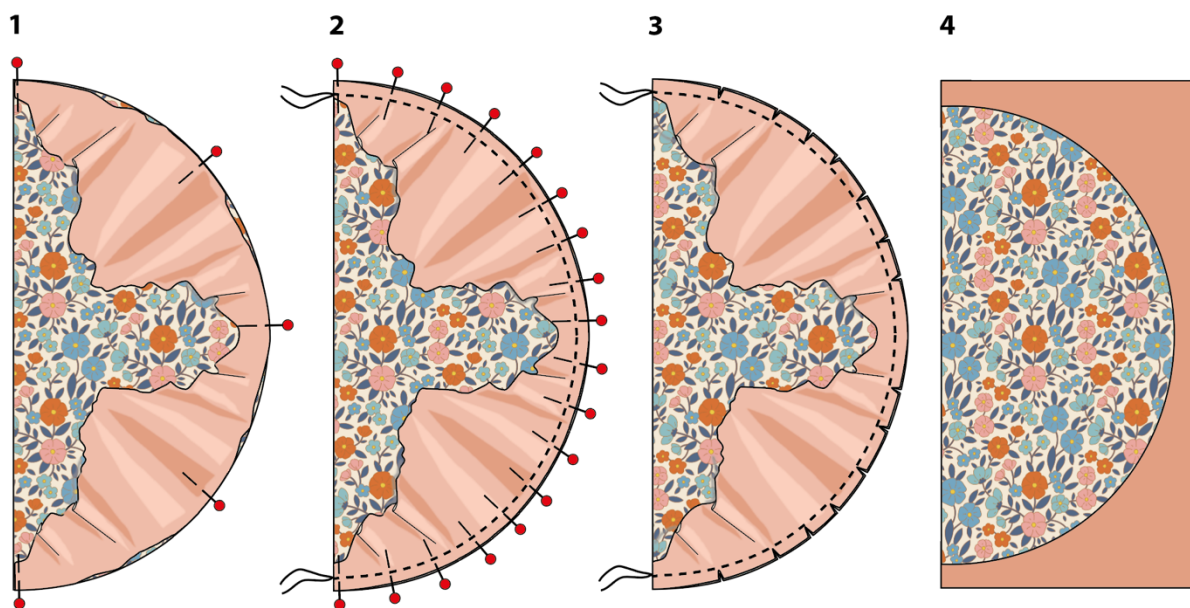
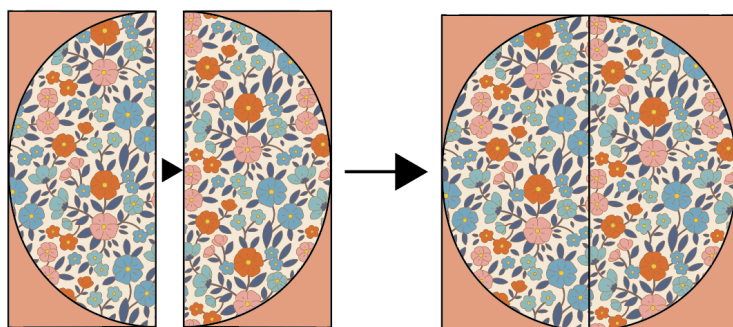


Fig F Assembling Letter O



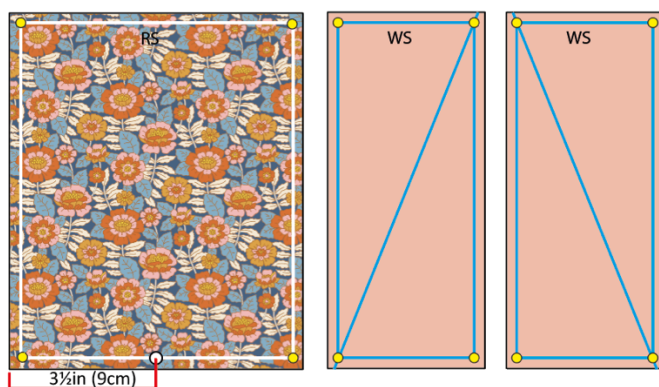
Making Letter V

11 This letter needs a special technique to create a pointed triangle. Start by taking the three pieces of fabric for the letter and following **Fig G 1**, mark the $\frac{1}{4}$ in (6mm) seam allowances and dots at the corners, marking on the right side (RS) of the print fabric and the wrong side (WS) of the two pieces of solid fabric. On the print fabric also mark a dot halfway across the marked seamline, at $3\frac{1}{2}$ in (9cm), shown by a white dot in the diagram. On the solid fabric pieces, mark a diagonal line from corner to corner of the seam allowance in the directions shown, noting that the lines go in opposite directions.

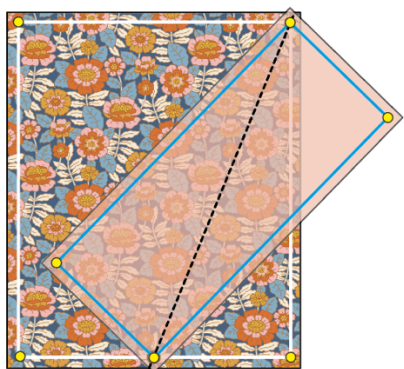
12 Place one of the solid pieces right sides together with the print fabric, angling the solid fabric so the dots on the diagonal line match the dots on the fabric beneath (**Fig G 2**). Pin in place and sew along the diagonal line. Trim excess fabric $\frac{1}{4}$ in (6mm) from the sewn line (**Fig G 3**) and press the triangle outwards (**Fig G 4**). Repeat this process with the other piece of solid fabric, angling it in the opposite direction, as in **Fig G 5**. Sew, trim excess fabric and press the triangle outwards (**Fig G 6**). Check the block is 7in x $8\frac{1}{2}$ in (17.8cm x 21.6cm).

Fig G Assembling a Letter V

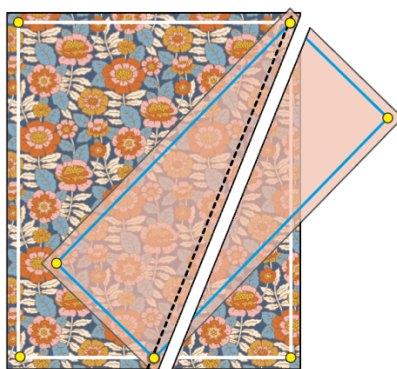
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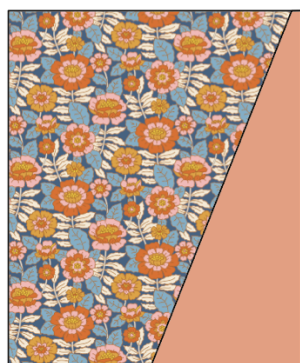
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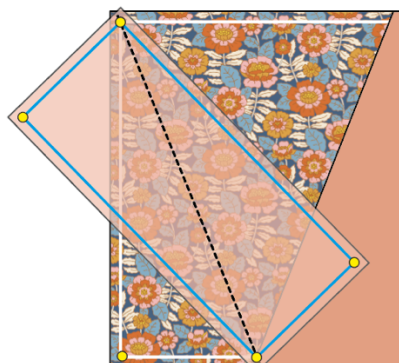
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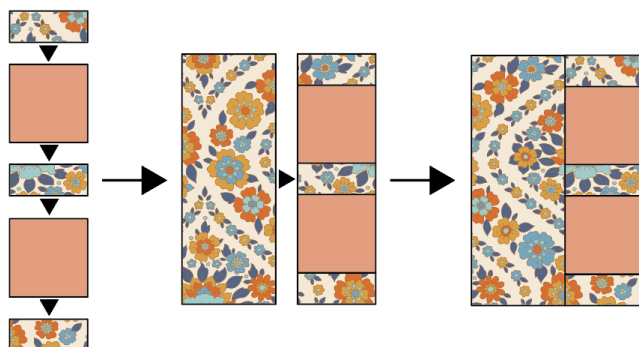
6



Making Letter E

13 This letter is easy. Sew the pieces together following the stages in **Fig H**. Press seams open or to one side. Check the block is 6in x 8½in (15.2cm x 21.6cm) unfinished.

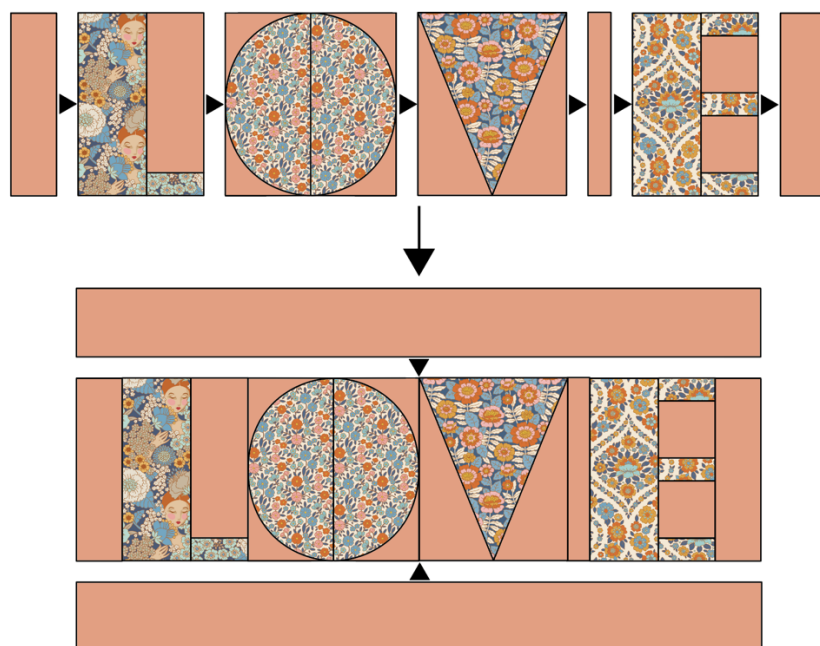
Fig H Assembling Letter E



Assembling the Patchwork

14 Sew the blocks together with the vertical sashing pieces as shown in **Fig I**. Press seams towards the sashing. Add the horizontal sashing strips to the top and bottom of the patchwork and press.

Fig I Assembling the patchwork



Quilting and Finishing

15 Make a quilt sandwich of the patchwork, wadding (batting) and lining fabric (if using). Quilt as desired. Trim off excess wadding and lining fabric to match the patchwork size.

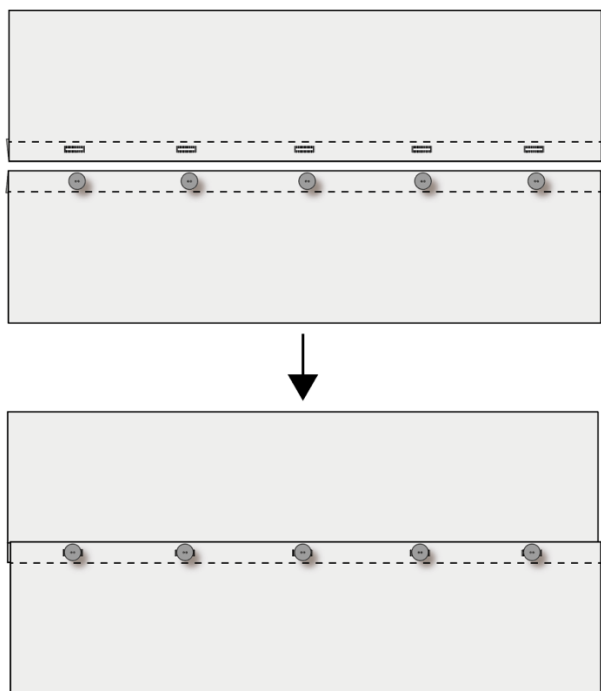
16 To make up the pillow cover, take the two pieces of fabric for the cushion back and on one long edge of each piece, create a hem by turning the edge over by 1in (2.5cm), twice. Sew the seams with matching thread and press (**Fig J**). The diagram is shown in greys, so you can use the Tilda fabric and buttons suggested in the Materials list, or those of your choice.

17 For the fastening, using your sewing machine, create five equally spaced buttonholes within the hem of one of the pieces. Sew five buttons onto the other piece, matching their

positions to the buttonholes. Note: Instead of making buttonholes, you could use a hook and loop fastening, such as Velcro, to fasten the cover and sew on the buttons as a decorative feature.

18 The pillow has a bound edge, so the pieces are assembled with right sides out, as follows. On the backing, fasten the buttons into the buttonholes and place the whole piece right side down. Place the quilted patchwork on top, right side up. Make sure the outer edges of all pieces are aligned. Pin or tack (baste) the layers together and then bind as normal. As you sew the binding in place it will fix the other layers together. Press the cover and insert a pillow pad to finish.

Fig J Making up the cover

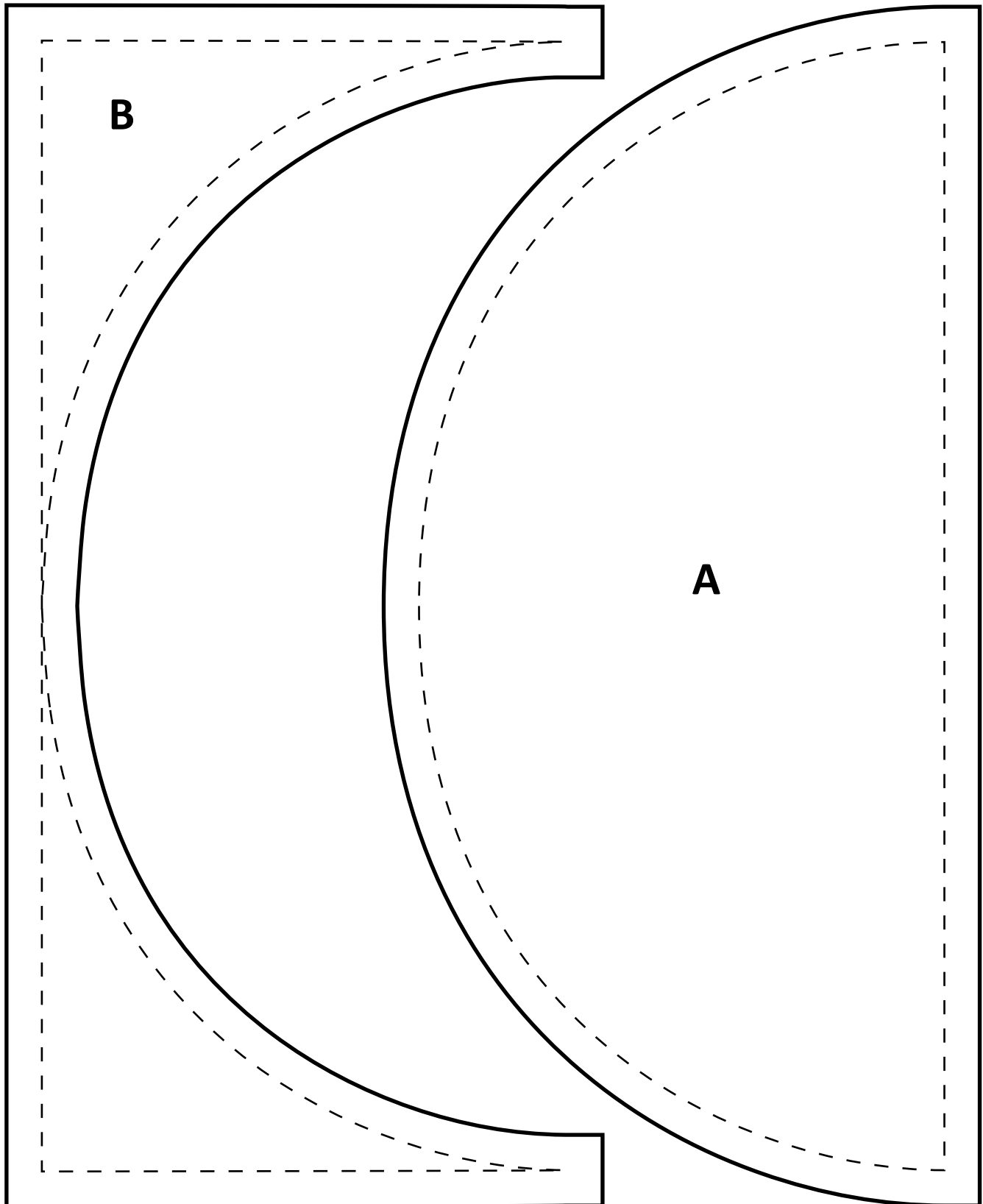


Peace & Love Patterns A4

Letter O – Curved Patterns

Sizes include ¼in (6mm) seam allowances

For the other half of the letter, reverse (flip) the patterns



Peace & Love Patterns US letter

Letter O – Curved Patterns

Sizes include ¼in (6mm) seam allowances

For the other half of the letter, reverse (flip) the patterns

